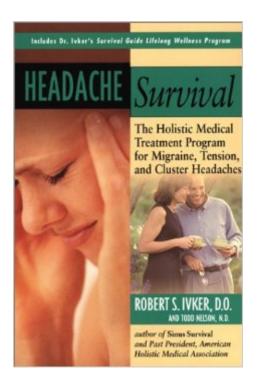
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# **Headache Survival PA**





## Synopsis

Too often, we dismiss the headache as a "minor" ailment, one for which the phrase "take two aspirin and call me in the morning" was created. But for millions, migraine, tension, and cluster headaches are debilitating conditions. In the latest of his "survival guides" modeled after Sinus Survival, Robert S. Ivker, D.O., provides relief from this misunderstood affliction. This book contains all the elements of the previous "survival guides" and these special features: \* the Headache Quick-Fix \* the causes of migraine, tension, and cluster headaches \* a Migraine Disability Assessment (or "Midas") questionnaire \* resources for suffers.

### **Book Information**

Paperback: 224 pages Publisher: Tarcher (March 18, 2002) Language: English ISBN-10: 1585421413 ISBN-13: 978-1585421411 Product Dimensions: 5.5 x 0.8 x 8.3 inches Shipping Weight: 4 ounces Average Customer Review: 4.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #2,782,092 in Books (See Top 100 in Books) #22 in Books > Medical Books > Medicine > Internal Medicine > Neurology > Headache #65 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #1646 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System

#### **Customer Reviews**

I have the orig. paperback ed. and really get good pointers from it so much I got the updated hardcover. I do recommend this volume to headache and chronic pain individuals.

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